

Help Keep Our Air Clean

Actions you can take to improve the quality of the air we all breathe:

- Reduce car use. Use public transport or ride your bike or walk. Even if each of us leaves our car at home just once a week, the reduction in emissions will be substantial.
- Try car-pooling with other people who drive the same route as you. Web sites that help to organise car-pooling include liftshare.com, herts.liftshare.com, carplus.org and shareacar.com.
- Combine errands to save petrol and reduce exhaust. Parking and walking is easier on the air than sitting with your motor running (idling) at drive-through restaurants.
- Don't idle your car. Turn off the engine when it's sitting still or parked longer than 10 seconds.
- Slow down when you drive. You'll use less petrol or diesel and thereby produce less pollution.
- Keep your vehicle engine at its most efficient with regular servicing.
- Make sure your tyres are inflated to the manufacturer's recommended pressure. You could save up to 10% on fuel consumption.
- Buy smaller, fuel-efficient cars with low emissions. Buy for your regular use, rather than getting a larger vehicle you rarely need (and which you can rent).
- For school children, see if the school has a walking school bus - a group of children walking to school with one or more adults.
- Plant trees and shrubs in your garden to clean the air.

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